



The Charlotte County Sheriff's Office,  
Charlotte County Community Services  
and Shuman's ATA Black Belt Academy



Present

# SELF-DEFENSE FOR WOMEN

**Location:** Port Charlotte Beach Complex, 4500 Harbor Blvd., Port Charlotte, FL 33952

**Date:** Wednesday, January 10, 2018      **Time:** 6:00 pm-8:00 pm

**Fee:** **FREE**      **Parking:** **FREE PASS**



**CLASS SIZE IS LIMITED TO THE FIRST 50 REGISTRATIONS**

### General Information

This program is being offered to women ages 18 and older who are Charlotte County residents. The method of stun and run will be taught with emphasis on locating different pressure points that can help a woman get away from an attacker including easy practical defense. Dress in comfortable work-out type clothing (**no shorts please**). Wear soft soled, closed toe shoes and remove all jewelry. Bring a picture ID. A water fountain is available or you may bring your own plastic covered beverage.

**If you have questions regarding the program please E-mail: [daphillips@ccsofl.net](mailto:daphillips@ccsofl.net)**

**Name:** \_\_\_\_\_ **DOB** \_\_\_\_\_ **Age** \_\_\_\_\_ (minimum 18) \_\_\_\_\_

**Address** \_\_\_\_\_ **City** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Telephone (H)** \_\_\_\_\_ **(W)** \_\_\_\_\_ **Email** \_\_\_\_\_

**You Must Read and Sign the Release Waiver on the Back of this Registration Form to Participate in the Self-Defense for Women Class.**

### Register in Person at These Locations:

District I Office –11051 Wilmington Blvd, Englewood

District III Office – 3280 Tamiami Trail, Port Charlotte (Promenades Mall)

District IV Office – 7474 Utilities Road, Punta Gorda



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**SELF-DEFENSE FOR WOMEN**

**RELEASE WAIVER (Please Read Carefully)**

I have applied to participate in the Self Defense for Women Program offered by the Charlotte County Sheriff's Department, Charlotte County Board of County Commissioners (BCC) and instructed by Shuman's ATA Black Belt Academy.

I personally give the Instructors from Shuman's ATA Black Belt Academy permission to instruct me in these techniques and do not hold the Instructors, Shuman's Taekwondo, the American Taekwondo Association, personnel of the Charlotte County Sheriff's Office, the Charlotte County Sheriff's Office, the Charlotte County BCC, and Charlotte County Community Services Department liable for anything that might happen to me as a result of these classes.

I understand that by registering in this program I am subjecting myself to possible injury as I am voluntarily engaging in an active physical class. Before signing the application to register, I was given the opportunity to ask any questions. I have chosen not to ask questions or have had all of my questions answered to my satisfaction. By enrolling, I understand it is my responsibility to learn and understand all safety procedures and rules related to involvement in self defense seminars provided by Shuman's ATA Black Belt Academy.

As part of the agreement, in allowing me to participate in this program, I agree that the American Taekwondo Association (including it's officers, employees, agents, tournament organizers, and any other students); the Charlotte County Sheriff's Office (including it's deputies, employees, agents, and organizers); and Charlotte County BCC Community Services Department (including its elected officials, employees, agents, and organizers) will not be responsible for my safety nor do any of the parties assume any responsibility as a guardian or fiduciary.

This specifically means that no one listed in this document or associated with the American Taekwondo Association, the Charlotte County Sheriff's Office, or the Charlotte County Board of County Commissioners and their appointees will be held liable for any injury, death or any other damages caused to me or my family, descendents, heirs, or anyone assuming any rights on my behalf, and specifically waive any claim I may have against such persons or individuals.

This program is not all inclusive of self defense techniques and applications. The Charlotte County Sheriff's Office and Charlotte County BCC Community Services Department does not guarantee the effectiveness of learned techniques due to uncontrollable variables. The Charlotte County Sheriff's Office and Charlotte County BCC Community Services Department and their personnel assume no liability for the use by the student of these techniques.

***Minimum Age is 18 on day of class.***

Printed Name

Date

Signature

Name of Emergency Contact Person (Print)

Phone Number

**PLEASE COMPLETE BOTH SIDES OF THIS REGISTRATION FORM.**